

Be on the lookout for MRSA!

MRSA is a Staph bacteria that is resistant to common antibiotics used to treat it. MRSA progresses rapidly and can get into the blood system; endangering joints and vital organs.

MRSA is spread through body contact or shared sports equipment and personal items; such as towels, clothing, razors, deodorant, etc.

DO NOT SHARE THESE ITEMS, SHOWER AFTER PRACTICES AND MATCHES AND WASH YOUR HANDS OFTEN!

IF YOU NOTICE:

- Boils, tender, red lumps that swell and get pimple-like white heads.
- Small red bumps that look like spider bites or ingrown hairs.
- Pain out of proportion to skin conditions.

Notify your coach, school nurse or physician immediately- it could be a matter of life or death!



Contact the Southeast District Health Department with questions or more information, Toll Free 877-777-0424.