

SOUTHEAST DISTRICT HEALTH DEPARTMENT

2018 - 2019

ANNUAL

REPORT



A MESSAGE FROM THE DIRECTOR

I am pleased to present the Southeast District Health Department 2019 Annual Report to the Community. This report highlights the work completed by Department staff to achieve our mission to the highest standard.

The past year has brought change and growth to the Department. We have expanded services across the district and continue to grow and implement programs that better serve the residents of Johnson, Nemaha, Otoe, Pawnee, and Richardson counties. Our staff work tirelessly and are dedicated to ensuring all communities have access to our public health services.

I want to extend sincere appreciation to our Board of Health members, community partners, and staff of the Southeast District Health Department.

The Southeast District Health Department will continue to focus our efforts on creating a community where people can easily make healthy choices and have access to services that support a long, healthy lifestyle.

Grant Brueggemann, MPH
Executive Director



NEBRASKA LOCAL HEALTH DEPARTMENTS

In 2001, The Nebraska Legislature passed the Nebraska Health Care Funding Act (LB 692), which established the system of local public health departments throughout the state. As part of Nebraska Health Care Funding Act, Nebraska local health departments work to meet the Three Core Functions of Public Health



Assessment: Collect and analyze information about health problems in Nebraska communities.



Policy Development: Work with partners to apply data, educate the public, and develop programs and policies—all to address and prevent illness, disease and disability.



Assurance: Promote effective coordination and use of community resources to protect the health and well-being of Nebraskans.

The activities and programs of the Southeast District Health Department (SEDHD) are summarized under the associated 10 Essential Services of Public Health. The 10 Essential Services provide a working definition of the public health system and a guiding framework for the responsibilities of local public health partners.

The 10 Essential Services include:

1. Monitor health status to identify and solve community health problems.
2. Diagnose and investigate health problems and health hazards in the community.
3. Inform, educate, and empower people about health issues.
4. Mobilize community partnerships and action to identify and solve health problems.
5. Develop policies and plans that support individual and community health efforts.
6. Enforce laws and regulations that protect health and ensure safety.
7. Link people to needed personal health services and assure the provision of health care when otherwise unavailable.
8. Assure competent public and personal health care workforce.
9. Evaluate effectiveness, accessibility, and quality of personal and population-based health services.
10. Research for new insights and innovative solutions to health problems.



BOARD OF HEALTH

SEDHD is governed by the Southeast District Board of Health which includes one county commissioner from each county, one public-spirited community member from each county, a physician, a dentist, and a veterinarian

Johnson County

Dr. Ted Evans - County Commissioner
Dr. Stacey Goodrich - Medical Director
Linda Branting - Community Member, Board President

Nemaha County

Mike Hall - County Commissioner
Dr. Mike Speece - Veterinarian
Marvin Bohling - Community Member

Otoe County

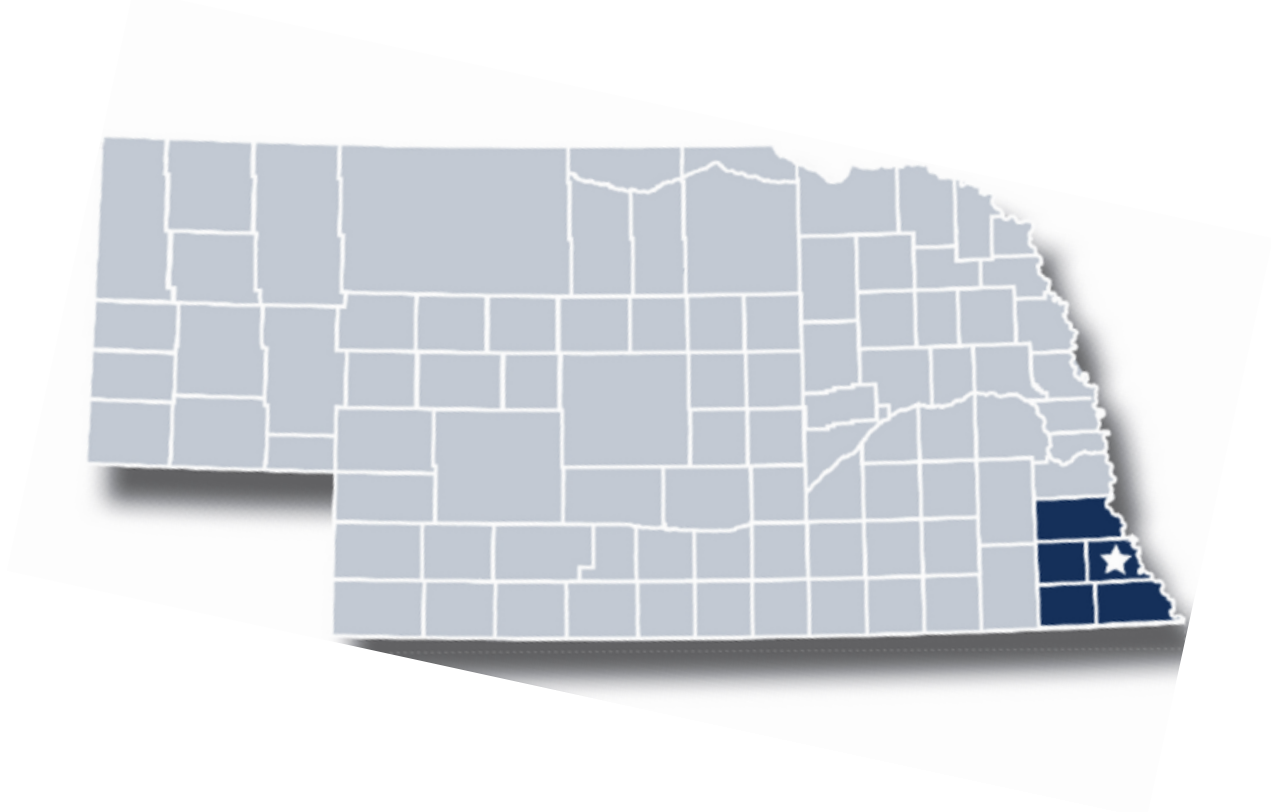
James Parsons - County Commissioner
Dr. Sonya Kummer - Dentist
John Groathouse - Community Member

Pawnee County

Jan Lang - County Commissioner
Caralyn Friedly - Community Member

Richardson County

David Sickle - County Commissioner



THE DEPARTMENT

Mission

To prevent disease, promote good health, and protect the welfare of all who live, work, and visit Johnson, Nemaha, Otoe, Pawnee, and Richard counties.

Vision

We will continually evaluate, assess, and adapt our programs and policies to educate and empower all people in all stages of life to improve the quality of health in our community.

Southeast District Health Department Staff

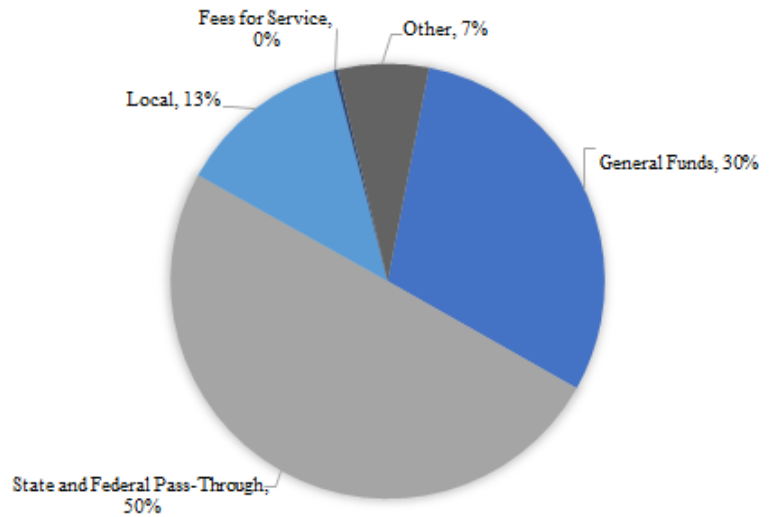
Grant Brueggemann	Executive Director
Sue Anderson	Administrative Assistant
Rosanne Bedea	Public Health Nurse
Cassie Cox	Emergency Response Coordinator
Amanda Drier	Maternal and Child Health Program Coordinator
Christine Eltiste	Public Health Nurse
Brooke Fender	Growing Great Kids Support Staff
Kathy Jacobitz	Growing Great Kids Support Staff
Laura Smith	Interpreter
Jami Thody	Community Health Worker/ Oral Health Program Coordinator
Stephanie Vinson	Southeast Nebraska Health Care Coalition Coordinator

FINANCIALS

REVENUE

General Funds	\$ 291,879
State and Federal Pass-Through	\$ 483,666
Local	\$ 125,088
Fees for Service	\$ 2,546
Other	\$ 65,652

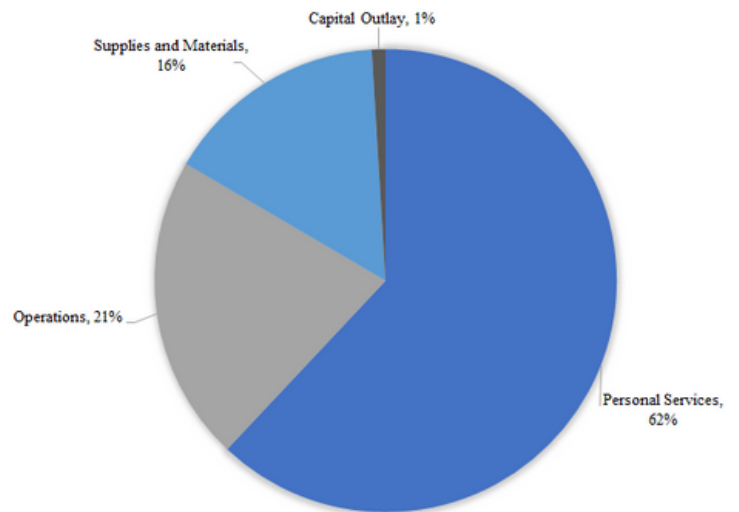
Total Revenue: \$ 968,831



EXPENSES

Personal Services	\$ 601,809
Operations	\$ 207,508
Supplies and Materials	\$ 151,623
Capital Outlay	\$ 9,320

Total Expenses: \$ 970,260



EMERGENCY PREPAREDNESS

SOUTHEAST NEBRASKA HEALTHCARE COALITION

The Southeast Nebraska Healthcare Coalition (SENHCC) continued to evolve in 2018-2019, with organizational membership doubling from the previous year. Funding through Hospital Preparedness Program and supplemental Ebola grant dollars supported training for emergency preparedness requirements for regional healthcare organizations, hospital decontamination and biologic response teams, and Health Insurance Portability and Accountability Act considerations for inter-agency crisis response. Exercises and workshops provided opportunities to assess at-risk and vulnerable population needs and capabilities through public health, emergency medical services, emergency management, and healthcare organization collaboration across the sixteen-county region.

During the spring flooding, SENHCC coordinated to provide situational awareness to the Department of Health and Human Services regarding the status of regional hospitals as floodwaters threatened access points and staffing for some facilities. The SENHCC also assisted Omaha coalition partners and an emergency response center in Fremont in coordinating the transport of a Lincoln hospital asset to a shelter in Fremont to address an immediate medical need of an evacuee. The SENHCC also facilitated the acquisition of personal protective equipment and emergency communications equipment to benefit organizational preparedness caches throughout the region. As the year closed out, the coalition was re-organizing with the development of a leadership team and supporting community-level endeavors to develop healthcare organization collaboration.

SOUTHEAST NEBRASKA FLOOD RESPONSE

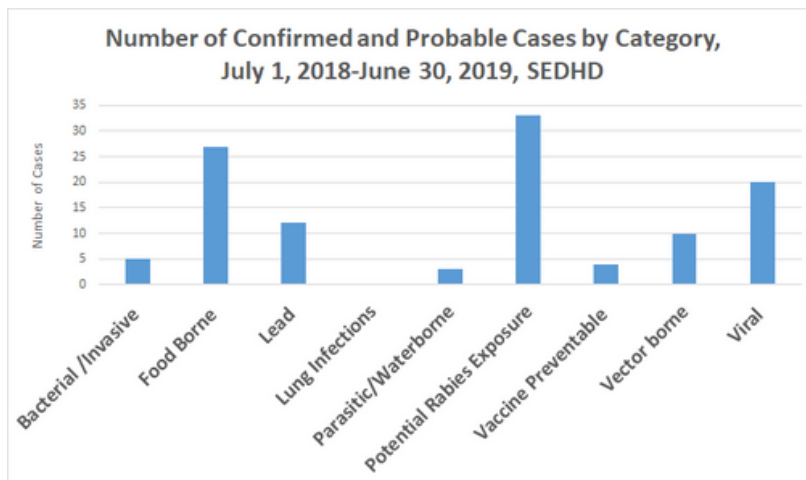
SEDHD received 150 flood relief kits from UNMC Central States Center for Agricultural Safety and Health to provide personal protective equipment and cleaning supplies to residents affected by floodwaters.

53

Tdap vaccines given to first responders, volunteers, and community members

DISEASE SURVEILLANCE

There were 24 school buildings in our district that reported absences due to illness each week, as part of the School Health Surveillance Program; which informs us of any potential outbreaks in the schools. All six hospitals provided reports of influenza-like illness to SEDHD, allowing us to monitor and inform the public of flu activity. One influenza outbreak was reported in our district in the 2018-2019 season. One norovirus outbreak was also reported.



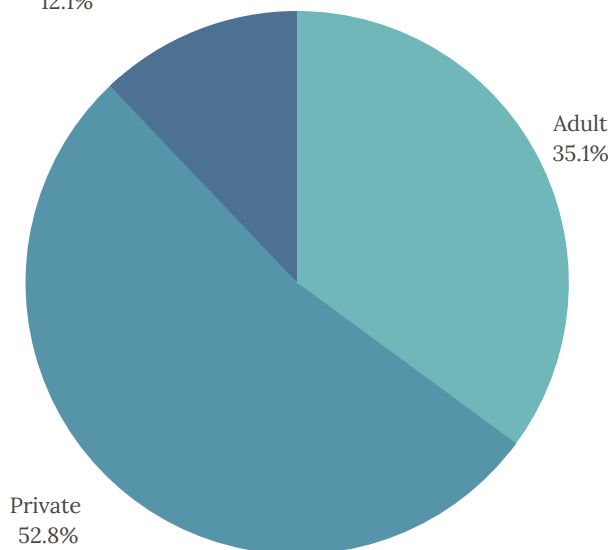
SEDHD completed 114 investigations of 20 different illness types in the district. These illnesses and conditions are required by Nebraska statute to be reported to public health.

MATERNAL AND CHILD HEALTH

IMMUNIZATION PROGRAM

Our immunization clinic provided a total of 779 vaccinations to children and adults in southeast Nebraska. Vaccines For Children and adult vaccinations are provided to those who are underinsured or uninsured. Private vaccinations are provided to those with private insurance.

Vaccines For Children
12.1%



**SAFE
KIDS**
SOUTHEAST

22

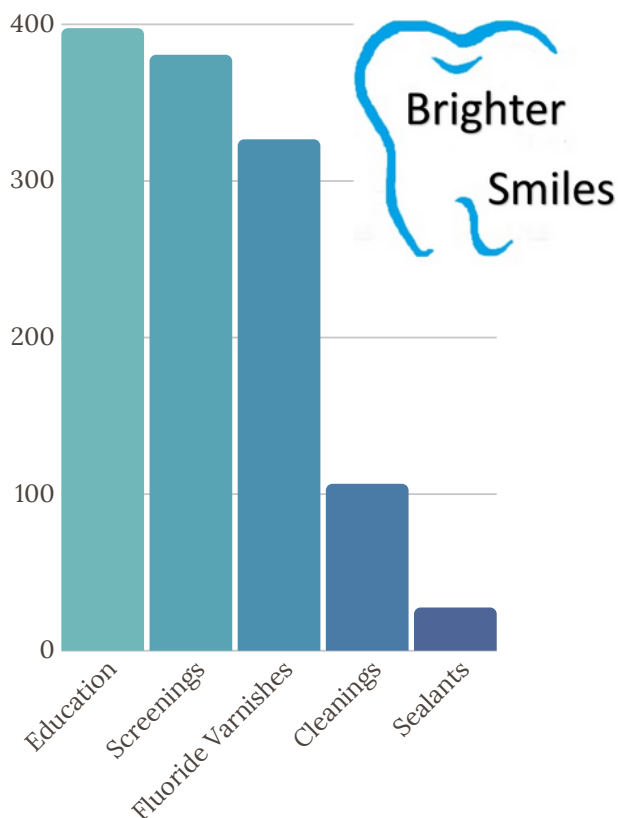
Child Safety Seats
checked

22 families received on-going home visits

- 80% of families screened for depression
- 16 developmental screenings completed
- 100% of families with a medical home

BRIGHTER SMILES

Brighter Smiles provides dental screenings, fluoride varnishes, cleanings, sealants, and education to children age 0-18 through partnerships with local school districts and daycares.



**Healthy Families
America®** — AFFILIATE —

LIFESPAN HEALTH

VETSET NEBRASKA

SEDHD hosted 5 veteran town hall meetings to discuss issues important to veterans and their families. 50 veterans attended.

All SEDHD staff completed Level 1 VetSet Orientation training to learn more about the VetSet program and receive information about military culture.

5
Town Hall
Meetings

50
Veteran
attendees



WELL AT WORK: WORK-SITE WELLNESS

122

individuals received a
glucose/cholesterol/blood pressure
screening

45-50%

of screened individuals referred to
their primary care provider for
follow-ups

39

Second Step classroom kits purchased
to promote social emotional learning



**Southeast District
Prevention Partnerships**

SOUTHEAST DISTRICT PREVENTION PARTNERSHIPS

New partnerships were formed with schools, hospitals, community service organizations, youth, and behavioral health to build a five-county prevention coalition. There are currently 20+ active members.

10

Local youth completed a Wellness Recovery Action Plan to build coping skills and promote mental wellness



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